

**Joe Lombardo**  
*Governor*



**Richard Whitley**  
*Director*

**Public Hearing**  
**Preventive Health and Health Services Block**  
**Grant 2022-2023 Review**  
**Division of Public and Behavioral Health**

Mitch DeValliere, DC

June 1, 2023



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**Department of Health and Human Services**

*Helping people. It's who we are and what we do.*



# Agenda

1. Overview
2. Budget Detail
3. Healthy People 2030 Objectives and Activities
4. Success Stories
5. PHHS Efforts
6. Questions
7. Contact Information
8. Acronym List



# Public Health and Health Services (PHHS) Overview

## 1. Timeline:

- October 1, 2022, to September 30, 2023

## 2. Funding Allocation for Nevada

- \$611,898
  - Basic Allocation
  - Rape Prevention Program Allocation

## 3. Healthy People 2030 Objectives

- Nevada Public Health Infrastructure



# Budget Detail Fiscal Year 2022

Budget Detail for Nevada	Fiscal Year 2022
<b>A. FY 2022 Award</b>	<b>\$611,898</b>
Annual Basic Allocation	\$547,085
Sex Offense Allocation	\$64,813
<b>B. Total Current Year Annual Basic Allocation</b>	<b>\$547,085</b>
Administrative Costs	\$29,345
Direct Assistance Amount	\$0
<b>C. Total Current Year Sex Offense Allocation</b>	<b>\$64,813</b>
Administrative Costs	\$0
<b>Total Available for Program Allocation in FY 2022</b>	<b>\$582,553</b>



# Healthy People 2030

Program Title	Health Objectives	FY22 Allocations
Nevada Public Health Infrastructure	PHI-R04 Monitor and understand the public health workforce	\$79,685
Nevada Rape Prevention and Education Program	IVP-18 Reduce sexual or physical adolescent dating violence	\$64,813
Wellness and Management	NWS-03 Reduce the proportion of adults with obesity	\$216,794
Prevention and Wellness	NWS-04 Reduce the proportion of children and adolescents with obesity	\$221,261
	Grand Total	\$582,553



# PHI-R04 Monitor and understand the public health workforce

## Nevada Public Health Infrastructure Objective and Activities:

### Maintain Evaluation Capacity:

- CDPHP maintained an evaluation team to support all program units

### Activities:

1. Tools for Evaluation Capacity
2. Evaluation Staff
3. Support evaluation and assessment with local health authorities
4. Chronic Disease Strategic Plan
5. Health Equity Training



# IVP-18 Reduce sexual or physical adolescent dating violence

## Nevada Rape Prevention and Education Program Objective and Activities:

### Healthy Relationship Education:

- Nevada Center to End Domestic and Sexual Violence provides workshops statewide to professionals working with youth and young adults.

### Activities:

1. Educational Workshops



# NWS-03 Reduce the proportion of adults with obesity (1)

## Wellness and Management Objective and Activities:

### Promote Physical Activity:

- Increase and promote opportunities for adults and youth to engage in physical activity at work and in their communities.

### Activities:

1. Conduct a Survey
2. Promote initiatives to increase physical activity
3. Promote Bike Month



## NWS-03 Reduce the proportion of adults with obesity (2)

### Wellness and Management Objective and Activities:

#### Diabetes Management:

- Support services to reduce diabetes:
  1. Raise Awareness and promote DSMES classes
  2. Support referral services clients with diabetes-to-diabetes self management classes
  3. Offer Self-Management Classes
  4. Offer Quarterly Walk-in clinics



# NWS-03 Reduce the proportion of adults with obesity (3)

## Wellness and Management Objective and Activities:

### Worksite Wellness:

- Improving worksite wellness is a leadership priority for DPBH employees

### Activities:

1. Worksite Wellness Promotion
2. Spring Wellness Challenge



## NWS-03 Reduce the proportion of adults with obesity (4)

### Wellness and Management Objective and Activities:

Improving Nutrition and Weight Status through 5210 programs:

- The 5210 plan addresses the educational component to improve daily habits

### Activities:

1. Website Development
2. Primary Health Care Outreach
3. Public Outreach
4. Physical Activity Organizations Directory



# NWS-04 Reduce the proportion of children and adolescents with obesity (1)

## Prevention and Wellness Objective and Activities:

Improve Weight Status among children zero (0) to eight (8) years of age:

- Obesity during childhood can have harmful effects on the body

### Activities:

1. Developing one (1) Caring for our Children (CFOC) standards in Early Care and Education



## NWS-04 Reduce the proportion of children and adolescents with obesity (2)

### Prevention and Wellness Objective and Activities:

#### Improve Surveillance of Weight Status among Nevada School Aged Children:

- Weight status in childhood is known to impact physical and mental health

#### Activities:

1. Improving Nevada Early Childhood Obesity data and surveillance efforts
2. Providing Rural School District Technical Assistance



# NWS-04 Reduce the proportion of children and adolescents with obesity (3)

## Prevention and Wellness Objective and Activities:

### Improve Weight Status among Children and Adolescents:

- Metabolic syndrome in children and adolescents is a growing problem

### Activities:

1. Model Evaluation
2. Evidence-based CHW model



# Success Stories

- The Washoe County Health District (WCHD) had 3 meetings per quarter with Safe Routes to School (SRTS) program and one elementary school will pilot the affiliated Walking School Bus program in May.
- Carson City Health and Human Services (CCHHS) hired a Community Health Worker to determine the prevalence of CCHHS adolescent clients who are overweight or obese.
- Southern Nevada Health District (SNHD) has already reached their goal of completing 6 DSMES classes. Community interest in the classes is growing and their class waiting/interest list also growing. SNHD continues to schedule DSMES classes in a variety of formats (English, Spanish, virtual, in-person).



# Success Stories (Continued)

- Elko County Health Board (ECHB) executed a contract with Nevada Health Centers to offer blood pressure and glucose checks at weekly vaccination clinics.
- Nevada Institute for Children's Research & Policy (NICRP) is having an improved response from member organizations for quarterly reporting since modifying their system for collecting data, which was one of the biggest barriers during Q1.
- KPS3 has completed the website for 5210 and HEAL. They have also developed a video to introduce 5210 and HEAL to health care providers.



# PHHS Efforts

- Height and Weight Measurements in the school districts
- Promote Physical Activity in Adults and Children
- Promote Healthy Eating in Adults and Children
- Improve Public Health Workforce Development
- Reduce Interpersonal Violence



# Questions?



# Contact Information

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[https://dpbh.nv.gov/Programs/Chronic\\_Diseases/](https://dpbh.nv.gov/Programs/Chronic_Diseases/)



# Acronyms

**CCHHS** - Carson City Health and Status  
Human Services

**DSME** - Diabetes Self-  
Management

**ECHB** - Education Elko County  
Health Board

**FY** - Fiscal Year

**IVP** – Injury and Violence  
Prevention

**NICRP** - Nevada Institute for  
Children’s Research & Policy

**NWS** – Nutrition and Weight

**PHI** – Public Health Infrastructure

**PHHS** – Public Health and Health  
Services

**SNHD** - Southern Nevada Health  
District

**WCHD** - Washoe County Health  
District